

beano's

Tasty. Healthy

menu

Enjoy the taste



beano's

All Day Breakfast

All Omelette, Poached and Scrambled Eggs are served on Sliced Sourdough Loaf with Potato Wedges and Salad

Classic Omelette 235

Plain Classic Omelette, Served on Sourdough Loaf

Vegetable Omelette 245

Omelette with Bell Peppers, Mushrooms, Tomatoes, Olives and Onions, Served on Sourdough Loaf

Smoked Turkey Omelette 255

Omelette with Smoked Turkey and Fresh Vegetables, Olives, Served on Sourdough Loaf

Poached Eggs with Smoked Salmon 350

Poached Eggs with Smoked Salmon, Avocado, Pickled Cucumber and Capers, Arugula, Served on Sourdough Loaf

Scrambled Eggs with Avocado 350

Scrambled Eggs with Smoked Salmon, Avocado and Capers, Arugula, Served on Sourdough Loaf

Mexican Breakfast Taquitos 255

Scrambled Eggs with Cheddar Cheese, Smoked Turkey and Fresh Vegetables, Served in Brown Tortilla



Spicy

Oriental Breakfast 210

Egyptian Foul, Feta Cheese and a Boiled Egg

Egg Avocado Brioche Breakfast 240

Scrambled Eggs, Avocado, Farugula, Mixed Bell Peppers and Melted Mozzarella Cheese

Turkish Poached Eggs 230

Poached Eggs, Onion, Green bell Pepper, Red Bell Pepper, Yellow Bell Pepper, Garlic and Cinnamon

Baked Tortilla Eggs 240

Brown Taco Bread, Eggs, Spinach, Carrot, Onion, Sunflower Seeds, Roasted Tomatoes, Feta Cheese & Grilled Red Pepper.

* ALL PRICES INCLUDE VAT AND EXCLUDE 12% SERVICE CHARGE



*Smoked
Turkey
Omelette*

*Mexican
Breakfast
Taquitos*



Overnight Oats and Greek Yogurt



Vegan

Healthy Oatmeal Breakfast

215

Hot Oatmeal with Chia Seeds, Cinnamon, Honey and Almond Milk, Topped with Seasonal Fruit



Vegan

Classic Overnight Oats

150

Oats with Chia Seeds, Cinnamon and Honey in our Homemade Almond Milk

Granola Parfait with Seasonal Fruits

195

Granola with Light Yogurt and Fresh Seasonal Fruit

Mango Overnight Oats

220

Mango, Coconut Milk, Vanilla, Chia Seeds, Honey & Overnight Oats.

Pistachio Matcha Overnight Oats

255

Overnight Oats, Chia Seeds, Matcha, Pistachio Cream, Honey, Vanilla, Greek Yogurt, Full Cream Milk, & Pistachios on top.

Blue Spirulina Smoothie Bowl

280

Coconut Milk, Blue Spirulina Powder, Frozen Banana, Pineapple & Topped With Banana, Granola & Coconut Flakes.

Greek Yogurt with Granola

195

Add On: Seasonal Fruit, Nuts, Chia and Honey +55



*Spicy Tuna
Avocado*

Sandwiches



spicy

Spicy Tuna Avocado

Tuna with Avocado Slices, Dill, Tomato, Jalapeno, Mayonaise and Chili Sauce in Brown Panini

250

Tuna Wrap

Tuna with Cheddar Cheese, Onions, Capers, Mustard and Mayonnaise in Brown Tortilla

250

Smoked Salmon Avocado

Smoked Salmon with Avocado Paste, Tartar Sauce, Pickled Cucumber, Arugula and Capers in Brown Panini

350

Chicken Panini

Grilled Chicken with Mozzarella Cheese, Roasted Tomatoes and Pesto Sauce in White Panini

240

Mexican Chicken Wrap

Grilled Chicken with Mozzarella and Cheddar Cheese, Bell Peppers and Yogurt Dressing in White Tortilla

210

Roasted Turkey Sandwich

Roasted Turkey with Cheddar Cheese, Fresh Vegetables and Mint Sauce in Brown Panini

255

Honey Mustard Turkey Sandwich

Grilled Turkey with Honey Mustard and Arugula in Sourdough Loaf

250

Fresh Roast Beef Sandwich

Roast Beef with Cheddar Cheese, Mustard and Mayonnaise in Brown Panini

255

Halloumi and Vegetable Simit Sandwich

265

Grilled Halloumi Cheese with Roasted Tomatoes, Arugula and Grilled Bell Peppers in Whole Wheat Simit

Croque Monsieur

210

Smoked Turkey with Cheddar Cheese and Mustard in White Toast



Vegan

Crostini Sandwich

185

Feta Cheese with Tomato Slices, Olive Paste in Sourdough Loaf



Vegan

Vegan Hummus Vegetable Wrap

185

Carrot, Red Bell Pepper, Yellow Bell Pepper, Zucchini, Avocado, Olives, Arugula, Chickpeas, Lettuce, Cucumber, Red Lettuce & Vinaigrette Sauce In Brown Tortilla.

Cheddar with Caramelized Mushrooms

265

Cheddar Cheese, Caramelized Mushrooms & Mayonnaise In Brown Panini



Pesto Tunacado

250

Tuna, Avocado, Pesto Sauce, Mayonnaise, Lettuce, Cucumber, Red Lettuce, Carrots, Red Bell Pepper, Yellow Bell Pepper & Vinaigrette Sauce in Brown Panini Bread.

NEW



Spicy

Sriracha Chicken Sandwich

250

Grilled Chicken, Cheddar Cheese, Red Pepper, Mayonnaise, Jalapeño Peppers, Shredded Lettuce, Cucumber, Red Lettuce, Carrot, Red Bell Pepper, Yellow Bell Pepper & Of Vinaigrette Sauce.

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*Halloumi and
Vegetable Simit*



*Fresh Roast
Beef*

Salads & Bowls



Asian Chicken Satay Bowl

330

Chicken, Rice, Carrots, Zucchini, Bell Peppers, Sweet Corn, Caramelized Onions with your own Drizzle of Asian Sauce on the side



Greek Quinoa Bowl

295

Greek Yogurt, Quinoa, Cucumber, Cherry Tomatoes, Roasted Red Pepper, Feta Cheese, Hummus, Olives & Dill with Yogurt Sauce

Apple Almond Salad

215

Lettuce, Arugula, Green Apple and Cucumber Topped with Flaked Almonds and Vinaigrette Dressing

Add On: Chicken +60

Mexican Salad

225

Red Beans, Sweet Corn, Chickpeas, Cherry Tomatoes, Avocado, Cucumber, Fresh Parsley and Coriander. Served With Our Special Mustard Pesto Dressing

Add On: Chicken +60

Asian Chicken Salad

295

Asian Chicken, Lettuce, Red Leaf Lettuce, Arugula, Mushrooms with Roasted Almonds and Asian Soya Dressing

Caesar Salad

225

Parmesan Cheese, Lettuce and Croutons with Caesar Dressing

Add On: Chicken +60

Halloumi Grilled Corn Salad

275

Halloumi Cheese, Carrot, Avocado, Beetroot, Red Leaf Lettuce, Lettuce and Arugula with Special Dressing

South of the Boarder

295

Grilled Chicken, Lettuce, Cucumber, Sweet Corn, Red Kidney Beans, Cheddar Cheese Served with Taco Chips and Yogurt Dressing

Tuna Salad

250

Tuna, Boiled Eggs, Bell Peppers, Potatoes and Green Beans with Lemon Vinaigrette Dressing



Green Goodness Chicken Salad

295

Grilled Chicken, Lettuce, Coriander Leaves, Parsley, Avocado Slices, Sweet Corn, Parmesan Cheese, Red Bell Pepper with Greek Yogurt Sauce.

Asian Chicken Salad





*Chocolate
Fondant Cake*

*Triple
Layer
Cheesecake*

*Date
Walnut
Tart*

Bakery and Desserts

Croissant

Plain Croissant	90
Cheese and Olive Croissant	90
Cheese and Thyme Croissant	90
White Chocolate Flat Croissant	140
Dark Chocolate Flat Croissant	140

Desserts

Classic Cheesecake	165
Triple Layer Cheesecake	190
Chocolate Fondant Cake	140
Chocolate Fudge Cake	150
<div>NEW</div> Dubai Pistachio Tart	190
<div>NEW</div> Humming Bird Cake	180
Date Walnut Tart	160
Brownies	100
<div>NEW</div> Matcha Cherry Cake	175
Tres Leches	125
Blueberry Cheesecake	190

* ALL PRICES INCLUDE VAT AND EXCLUDE 12% SERVICE CHARGE



*Matcha Cherry
Cake*

Cakes and Muffins

Almond Yogurt Cake	100
Honey Cake	145
Banana Bread	100
Cinnamon Walnut Cake	100
Vanilla Madeleine	45
Chocolate Muffin	90
Vanilla Muffin	90
Blueberry Muffin	90
<div>NEW</div> Latte Cake	170

Crepes and Pancakes

Classic Pancake Tall Stack (3 Pancakes)	200
Chocolate Chip Pancakes Tall Stack (3 Pancakes)	225
Nutella Crêpe	210

Cookies

Chocolate Hazelnut Cookie	95
Salted Dark Chocolate Pistachio Cookie	95
Chocolate Chip Cookie	95
Oatmeal Cookie	95

Vegan Cookie

A Cookie with Oats, Chia and Almond Seeds, White Pulp, Cranberries, Cinnamon and Walnut	110
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Hot Coffee

DAIRY MILK ALTERNATIVES AVAILABLE



Espresso/ Double Espresso	70	80	
Espresso Macchiato	80	85	
Americano	95	105	115
American Coffee		105	
Cappuccino	95	105	115
Flat White	100		
Deep White	105		
Café Latte	95	105	115
Spanish Latte	140	155	
Caramel Spanish Latte	145	155	
Pistachio Latte	160	195	
Caramel Macchiato	120	130	140
Café Mocha \ White Mocha	120	130	140
Turkish Coffee	75	85	
Power Couple Latte Espresso, Nutmeg, Cinnamon and Milk	105	115	
NEW Salted Caramel Latte		160	
NEW Honey Cinnamon Latte	110		
NEW Dirty Chai Latte	100		
NEW Cortado	90		

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*Dirty Chai
Latte*

Hot Beverages



Golden Healer

Turmeric, Cinnamon, Ginger and Milk with Coconut Oil

105

115

French Hot Chocolate

160

Hot Apple Cider

95

Tea

55

NEW

Ginger Blue Spirulina

150

Iced Coffee



Iced Mocha \ White Iced Mocha

130

140

160

Iced Latte

120

130

150

Iced Spanish Latte

160

Iced Pistachio Latte

195

NEW

Creamy Banana Latte

150

Chocolate Frappé

130

140

160

Vanilla Frappé

130

140

160

Caramel Frappé

130

140

160

Salted Caramel Frappé

180

NEW

Iced Honey Cinnamon Latte

130

NEW

Iced Americano

95

NEW

Brown Sugar Latte

140

NEW

Salted Brownie Latte

140

NEW

Pistachio White Chocolate

185

NEW

Iced Salted Vanilla

150

NEW

Iced Lavender

140

NEW

Salted Caramel Latte

150

Coffee Add-Ons

Dairy Milk Alternative

(Almond-Oat-Cashew-Pistachio-Coconut)

55

Extra Espresso Shot

45

Syrup Flavors

(Vanilla - Hazelnut - Caramel - Pistachio)

35

Whipped Cream

35

Icecream Scoop

95

Collagen Shot

55

* ALL PRICES INCLUDE VAT AND EXCLUDE 12% SERVICE CHARGE

Hot Matcha

Hot Matcha Latte



150



Hot Strawberry Matcha

200

Iced Matcha



Iced Matcha

165

Blended Matcha

165

Iced Strawberry Matcha

180

Iced Blueberry Matcha

180

Vanilla Coconut Matcha Frappé

240



Date Matcha Frappé

175



Iced Blue Oat Matcha

250



Iced Pistachio Matcha

200



Iced Lavender Matcha

195



Iced Lemonade Smoothie Matcha

150

* ALL PRICES INCLUDE VAT AND EXCLUDE 12% SERVICE CHARGE

*Iced
Strawberry
Matcha*



Juices, Smoothies and Shakes

	Orange – Guava – Strawberry	90
	Mango	100
NEW	Mojito Peach	140
NEW	Mojito Passion Fruit	140
NEW	Mojito Blueberry	140
	Blackberry Hibiscus Smoothie	150
	Peach Apple Delight Apple, Peach, Mango and Blueberry	150
	Lemon and Mint Smoothie	125
	Fruit Smoothie (Strawberry – Mango)	150
	Passion Fruit Smoothie Passion Fruit and Mango Juice	150
	Green Giant Spinach, Banana, Apple, Yogurt and Chia Seeds with Almond Milk	170
	Banana Twist Banana, Mango, Yogurt and Pineapple	170
	Avocado Green Power Smoothie Dates, Avocado, Chia Seeds and Flaxseeds with Almond Milk	180
	Energize Smoothie Banana, Dates and Cinnamon with Almond Milk	180
	Iced Chocolate	145
NEW	Blue Spirulina Smoothie	190
NEW	Pink Pitaya Smoothie	210
NEW	Collagen Blue Smoothie	175

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Protein Shakes



High
Protein

Peanut Boost

A Blend of Vegan Protein, Oat Milk, Banana, Greek Yogurt, Peanut Butter, Cocoa Powder and Sugar-free Vanilla

185



High
Protein

Power Punch

A Blend of Vegan Protein, Almond Milk, Banana, Dates, Almond, Cinnamon and Sugar-free Vanilla

185



High
Protein

Vitality Shake

A Blend of Vegan Protein, Oat Milk, Strawberry, Banana, Oat Powder and Peanut Butter

185

Soft Drinks and Water

Soft Drinks

65

Red Bull/Sugar Free

95

Mineral Water

25

Sparkling Water

75

On-the-Go Essentials

Granola Jar

175

Granola Bar

95

Fruit and Nut Bar

95

Plain Turkish Coffee

230

Blended Turkish Coffee

250

Potato Chips

35

Brazilian Coffee Capsules

330

Colombian Coffee Capsules

330



Brownie Brittle

95

Chocolate Bars

Salted Caramel

120

Hazelnut

130

Dark Chocolate

130

Milk Chocolate

120

Dubai Kunafa Pistachio Chocolate Bar

265

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Find Beano's at

Maadi

10 St.
Degla 210 St.

Zamalek

Al Sheikh Al Marsafi St.

New Cairo

90 St.
District 5
U-Venues Mall

Nasr City

Makram Ebeid St.

Madinaty

Central Park
Drive thru Gate 2

Downtown

Mohamed Mahmoud St.

Dokki

Mossadak St.

El Sheikh Zayed

Zayed 2000
Beverly Hills
Walk Of Cairo

The 6 of Octoer

Arabia Mall
Mall of Egypt
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