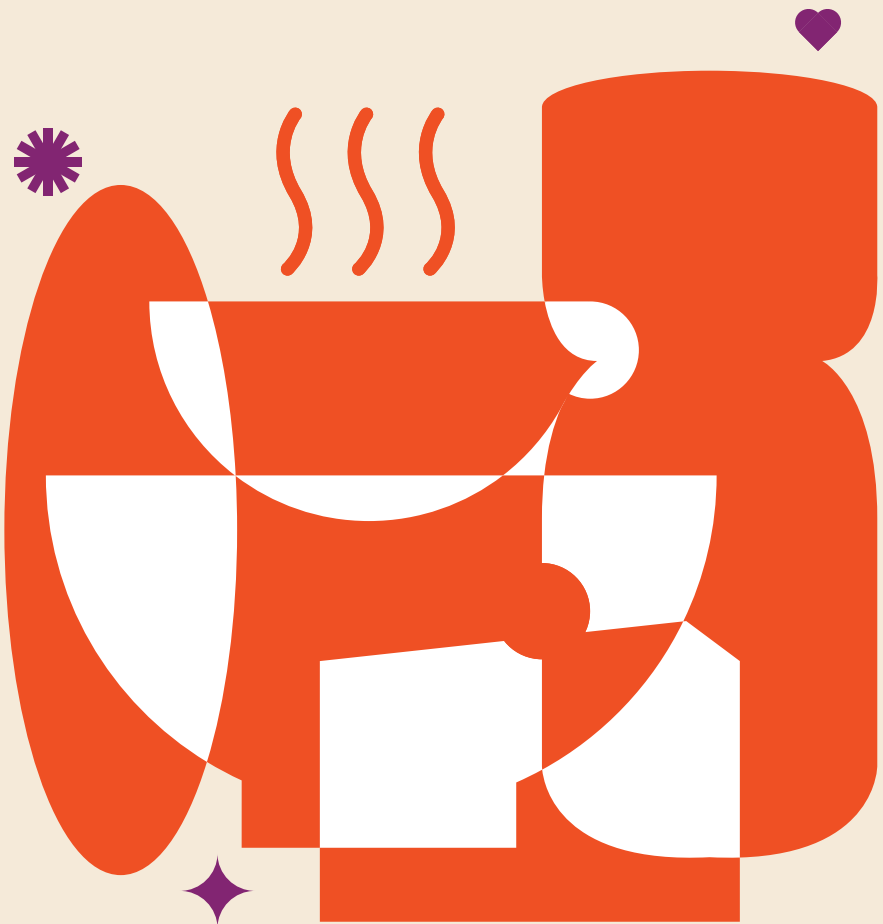


menu

Enjoy the Taste

beano's



beano's

The place that grows with you



Poached Eggs with Smoked Salmon



Mexican Breakfast Taquitos

All-day breakfast

Vegetable Omelette 280

Omelette with Bell Peppers, Mushrooms, Tomatoes, Olives & Onions, Served on Sourdough Loaf

Smoked Turkey Omelette 280

Omelette with Smoked Turkey & Fresh Vegetables, Olives, Served on Sourdough Loaf

Poached Eggs with Smoked Salmon 360

Poached Eggs with Smoked Salmon, Avocado, Pickled Cucumber & Capers, Arugula, Served on Sourdough Loaf

Scrambled Eggs with Avocado 360

Scrambled Eggs with Smoked Salmon, Avocado & Capers, Arugula, Served on Sourdough Loaf

Mexican Breakfast Taquitos 270

Scrambled Eggs with Cheddar Cheese, Smoked Turkey & Fresh Vegetables, Served in Brown Tortilla

Egg Avocado Brioche 240

Omelette, Avocado, Arugula, & Melted Mozzarella Cheese

Turkish Poached Eggs 235

Poached Eggs, Onion, Bell peppers, Garlic & Cinnamon

Baked Tortilla Eggs 240

Brown Taco Bread, Eggs, Spinach, Carrot, Onion, Roasted Tomatoes, Feta Cheese & Grilled Red Pepper

Oriental Breakfast 225

Egyptian Foul, Shami bread, Feta Cheese and a Boiled Egg

Breakfast Bowls



Classic Overnight Oats 170

Oats with Chia Seeds, Cinnamon & Honey in our Homemade Almond Milk

Granola Parfait 195

Granola with Light Yogurt & Fresh Seasonal Fruit

Greek Yogurt with Granola 195

Add-Ons: Seasonal Fruits, Nuts, Chia Seeds & Honey + 55

Mango Overnight Oats 240

Mango, Coconut Milk, Vanilla, Chia Seeds, Honey & Overnight Oats

Blue Spirulina Smoothie Bowl 280

Coconut Milk, Blue Spirulina Powder, Frozen Banana, Pineapple & Topped With Banana, Granola & Coconut Flakes

Pistachio Matcha Overnight Oats 275

Overnight Oats, Chia Seeds, Matcha, Pistachio Cream, Honey, Vanilla, Greek Yogurt, Full Cream Milk, & Pistachios on top



* ALL PRICES INCLUDE VAT EXCLUDE 12% SERVICE CHARGE



new item



spicy



vegan

Pesto Tunacado



Sriracha Chicken



the sand wiches

Spicy Tuna Avocado 270

Tuna with Avocado Slices, Dill, Tomato, Jalapeno, Mayonnaise & Chili Sauce in Brown Panini

Tuna Wrap 260

Tuna with Cheddar Cheese, Onions, Capers, Mustard & Mayonnaise in Brown Tortilla

Smoked Salmon Avocado 350

Smoked Salmon with Avocado Paste, Tartar Sauce, Pickled Cucumber, Arugula & Capers in Brown Panini

Halloumi & Vegetable Simit 280

Grilled Halloumi Cheese with Roasted Tomatoes, Arugula & Grilled Bell Peppers in Whole Wheat Simit

Croque Monsieur 220

Smoked Turkey with Cheddar Cheese & Mustard in White Toast

Crostini 200

Feta Cheese with Tomato Slices, Olive Paste in Sourdough Loaf

Vegan Hummus Wrap 210

Grilled Bell Peppers with Avocado Olive Paste, Grilled carrots, zucchini, arugula and Hummus in Brown Tortilla



Truffle Roast Beef 300

Roast beef Cheddar Cheese, Caramelized Mushrooms & Truffle Mayo in Brown Panini



Pesto Tunacado 270

Tuna, Avocado, Pesto Sauce, Mayonnaise, Parsley and garnish in Brown Panini Bread.



Sriracha Chicken 270

Grilled Chicken, Cheddar Cheese, Red Pepper, Mayonnaise, Jalapeño Peppers.

Chicken Panini 255

Grilled Chicken with Mozzarella Cheese, Roasted Tomatoes & Pesto Sauce in White Panini

Mexican Chicken Wrap 220

Grilled Chicken with Mozzarella & Cheddar Cheese, Bell Peppers & Yogurt Dressing in White Tortilla

Roasted Turkey 300

Roasted Turkey, Tomatoes with Cheddar Cheese, Fresh Vegetables & Mint Sauce in Brown Panini

Honey Mustard Turkey 300

Grilled Turkey, Tomatoes with Honey Mustard and Arugula in Sourdough Loaf

Fresh Roast Beef 270

Roast Beef with Cheddar Cheese, Mustard & Mayonnaise in Brown Panini

Set Menu

Mushroom Soup, Chicken Panini & Potato Wedges 430

Sweet Potato & Carrot Soup, Chicken BBQ Pocket Sandwich & Potato Wedges 350



new item



spicy



vegan

Asian Chicken Satay



South of the Border

salads & bowls

Warm Asian Chicken Satay Bowl 360



Chicken, Rice, Carrots, Grilled bell pepper Zucchini, Sweet Corn, Bell Peppers, Caramelized Onions with Asian Sauce on the side

Warm Greek Quinoa Bowl 335



Greek Yogurt, Quinoa, Cucumber, Cherry Tomatoes, Roasted Red Pepper, Feta Cheese, Hummus, Olives & Dill with Yogurt Sauce

Apple Almond Salad 285

Lettuce, Arugula, Green Apple and Cucumber Topped with Flaked Almonds & Vinaigrette Dressing

Add-Ons: Chicken + 60

Asian Chicken Salad 300

Asian Chicken, Lettuce, Red Leaf Lettuce, Red cabbage Arugula, Mushrooms with Roasted Almonds & Asian Soya Dressing

South of the Boarder 285

Grilled Chicken, Lettuce, Cucumber, Sweet Corn, Red Beans, Cheddar Cheese Served in Taco Basket with Yogurt & Ranch Dressing

Tuna Salad 245

Tuna, Boiled Eggs, Bell Peppers, Potatoes & Green Beans with Lemon Vinaigrette Dressing

Caesar Salad 285

Parmesan Cheese, Lettuce and Croutons with Caesar Dressing

Add-Ons: Chicken + 60

Halloumi Grilled Corn Salad 290

Halloumi Cheese, Carrot, Avocado, Beetroot, Red Lettuce, Corn, Lettuce & Arugula with Special Dressing

Mexican Salad 285

Red Beans, Sweet Corn, Chickpeas, Cherry Tomatoes, Avocado, Cucumber, Parsley & Coriander with Mustard Pesto Dressing

Add-Ons: Chicken + 60



Green Goddess Chicken Salad 315

Grilled Chicken, Lettuce, Coriander Leaves, Parsley, Avocado Slices, Sweet Corn, Parmesan Cheese, Red Bell Pepper with Greek Yogurt Sauce

I Saved the
Freshest Bowl
just for you!



new item

Triple Layer Cheesecake



Honey Cake

Blueberry Cheesecake



Latte Cake

Vegan Cookie



bakery & desserts

Croissant

- Plain Croissant 100
- Cheese & Olive Croissant 100
- Cheese & Thyme Croissant 100
- White Chocolate with Pistachios Flat Croissant 155
- Dark chocolate Flat Croissant 155

Cookies

- Chocolate Hazelnut 110
- Salted Dark Chocolate Pistachio 110
- Chocolate Chip 110
- Oat 110
- Vegan 125 

Desserts

-  Upside Down Cheesecake 245
- Classic Cheesecake 180
- Triple Layer Cheesecake 200
- Chocolate Fondant Cake 160
- Chocolate Fudge 160
- Dubai Pistachio Tart 195
- Humming Bird Cake 195
- Date Walnut Tart 175
- Brownies 140
- Tres Leches 135
- Blueberry Cheesecake 195

Crepes & Pancakes

- Stack of 3 Classic Pancake 210
- Stack of 3 Chocolate Chip Pancake 250
- Nutella Crepe 225

Cakes & Muffins

- Almond Yogurt Cake 110
- Honey Cake 165
- Banana Bread 110
- Cinnamon Walnut Cake 125
- Vanilla Madeleine 55
- Muffin 110
(Chocolate, Vanilla & Blueberry)
- Latte Cake 195

your favourite

Can Cakes

- Krunchoko 185
- Matcha Cherry Cake 185
- Salted Chocolate Fudge 185

matcha!

Hot Matcha

Hot Matcha Latte 160

Hot Strawberry Matcha 225

Iced Matcha

Iced Matcha 180

Blended Matcha 180

Iced Strawberry Matcha 190

Iced Blueberry Matcha 190

Vanilla Coconut Matcha Frappe 275

Date Matcha Frappe 180

 Iced Blue Oat Matcha 260

 Iced Pistachio Matcha 210

 Iced Lavender Matcha 205

 Iced Lemonade Smoothie Matcha 160

Iced Coffee

Pistachio
White
Chocolate

Blue Oat
Matcha

Honey
Cinnamon
Latte



Mocha/White Iced Mocha 160 / 170 / 180

Latte 150 / 160 / 170

Spanish Latte 170

Pistachio Latte 235

Creamy Banana Latte 160

Chocolate Frappe 160 / 170 / 180

Vanilla Frappe 160 / 170 / 180

Caramel Frappe 160 / 170 / 180

Salted Caramel Frappe 190

Iced Honey Cinnamon Latte 140

Iced Americano 105

 Iced Brown Sugar Latte 150

 Salted Brownie Latte 150

 Pistachio White Chocolate 195

 Iced Salted Vanilla Latte 160

 Iced Lavender Latte 150

 Rich Salted Caramel Latte 150

Add-Ons

Dairy Milk Alternative 65

(Almond, Oats, Cashew, Pistachio & Coconut)

Extra Espresso Shot 65

Syrup Flavors 40

(Vanilla, Hazelnut, Caramel & Pistachio)

Whipped Cream 40

Gelato Scoop 100

Whey Protein Scoop 95

Collagen Shot 60

Whey Protein scoop 95

LIMITLESS
ALPHA



new item

hot drinks

Warm Sips

Golden Healer 120 / 130

Ginger Blue Spirulina 225

French Hot Chocolate 200

Hot Apple Cider 125

Tea 80

Hot Chai Latte 165

Hot Coffee

Espresso / Double Espresso 90 / 100

Espresso Macchiato 105 / 110

Americano 110 / 120 / 130

American Coffee 120

Cappuccino 115 / 125 / 145

Flat White 110

Deep White 120

Cortado 95

Café Latte 115 / 125 / 145

Spanish Latte 150 / 160

Caramel Spanish Latte 150 / 160

Pistachio Latte 150 / 200

Caramel Macchiato 140 / 155 / 165

Café Mocha / White Mocha 140 / 155 / 165

Turkish Coffee 90 / 100

Power Couple Latte 115 / 125

Salted Caramel Latte 160

Honey Cinnamon Latte 130

Dirty Chai Latte 175



Filter Coffee

Colombian Filter Coffee 90

Brazilian Filter Coffee 90



Filter Coffee

juices & smoothies

Orange | Guava | Strawberry 125

Iced Chocolate 160

Mango 135

 Mojito Peach 150

Mojito Passion Fruit 135

Mojito Blueberry 135

Iced Chai Latte 195

Blackberry Hibiscus Smoothie 165

Peach Apple Delight Smoothie 165

Apple, Peach, Mango & Blueberry

Lemon & Mint Smoothie 150

Fruit Smoothie 165

Strawberry OR Mango

Mango Passion Fruit Smoothie 165

Green Giant Smoothie 185

Spinach, Banana, Apple, Yogurt & Chia Seeds
with Almond Milk

Banana Twist Smoothie 185

Banana, Mango, Yogurt & Pineapple

Avocado Green Power Smoothie 200

Dates, Avocado, Chia Seeds & Flaxseeds
with Almond Milk

Energize Smoothie 185

Banana, Dates & Cinnamon with Almond Milk

Blue Spirulina Smoothie 210

Full Cream Milk, Spirulina Powder, Banana, Dates &
Sugar Free Chocolate Flakes

Pink Pitaya Smoothie 230

Full Cream Milk, Pink Pitaya Powder, Pineapple & Banana

 Collagen Blue Smoothie 185

Full Cream Milk, Collagen Powder, Spirulina Powder,
Banana & Dates

Pink
Pitaya
Smoothie



Blue
Spirulina
Smoothie

Collagen
Blue
Ocean

protein shakes



Ripped Berry 290

Vanilla Whey Protein ^{LIMITLESS} ALPHA, Oat Milk,
Banana, Strawberry, Flax seeds



Power Punch 290

Vanilla Whey Protein ^{LIMITLESS} ALPHA, Almond Milk,
Banana, Dates, Almonds, Cinnamon
Powder



Post workout 290

Vanilla Whey Protein ^{LIMITLESS} ALPHA, Full cream Milk,
Dates, Banana, Greek yogurt

softs

Soft Drinks 80

Red Bull/Sugar Free 120

Mineral Water 30

Sparkling Water 100



new item



high protein

Plain Turkish Coffee 210

Blended Turkish Coffee 230

Brazilian Coffee Capsules 330

Colombian Coffee Capsules 330

🔔 Colombian Filter Coffee Box 630

🔔 Colombian Filter Coffee Sachet 45

🔔 Brazilian Filter Coffee Box 630

🔔 Brazilian Filter Coffee Sachet 45

on the > go essentials!



✦ **amazingly
flavorful** ✨

Granola Jar 195

Granola Bar 125

🔔 Chocolate Cashew Granola Bar 150

🔔 Peanut Butter Granola Bar 110

🔔 Almond & Granola Bar 95

🔔 Keto Protein Bar 90

🔔 Vegan Protein Bar 90

🔔 Crisp Protein Bar 90

Fruits & Nuts Bar 120

Brownie Brittle 110

Potato Chips 40

chocolate bars

Salted Caramel 120

Hazelnut 135

Dark Chocolate 135

Milk Chocolate 120

Dubai Kunafa Pistachio 250

🔔 **new item**

* ALL PRICES INCLUDE VAT EXCLUDE 12% SERVICE CHARGE



beano's

Find Beano's at



Downtown
Mohamed Mahmoud St.

New Cairo
90 St.
District 5
U-Venues

Maadi
10 St.
Degla 210 St.

Nasr City
Makram Ebeid St.

Dokki
Mossadak St.

Madinaty
Central Park
Drive thru Gate 2

Zamalek
Al Sheikh Al Marsafi St.

6th of October
Mall of Arabia
Mall of Egypt
Dandy Mall
Swell Lake

El Sheikh Zayed
Zayed 2000
Beverly Hills
Walk Of Cairo

Alexandria
Alex City Center
Glim

 **@beanos.cafe**

 **beanoscafe**

 **@beanoscafe**